OPPORTUNITIES TO GET INVOLVED:
(continued)

Second Harvest Food Bank of Central Florida
- 411 Mercy Drive Orlando, FL 32805
- www.foodbankcentralflorida.org
Second Harvest Food Bank of Central Florida is a private, nonprofit organization that collects and distributes donated food to more than 500 nonprofit partner agencies in six Central Florida counties: Brevard, Lake, Orange, Osceola, Seminole and Volusia. Give back through financial contributions or volunteering in the warehouse.

No Child Hungry
- www.myneighborschildren.org
No Child Hungry is the feeding program of My Neighbor’s Children (MNC). Through “meal packing events”, food drives, and financial support, MNC and our partner International Children’s Rescue Ministry are able to provide food for children here in the United States and Abroad.

Sunday Knight College Food Share
- 24 North Rosalind Avenue Orlando, FL 32801
- www.straightstoralando.com
Every Sunday night, college students lead a feeding with Straight Street Orlando! This will be a great opportunity to interact with the homeless and help feed the hungry.

ANSWERS:

1. False. Hunger is not an issue just for the people who struggle with poverty and homelessness. For many food banks, a large majority of their clients have at least one employed person in the household, but after the rent, mortgage and other bills are paid, there is not enough leftover to purchase sufficient meals.

2. Over 14 million.

3. Food Deserts are areas or neighborhoods where residents do not have access to a grocery store that provides the healthy and affordable foods that are necessary for a healthy diet. These districts are often found in the lower-income areas of cities, where fast food and unhealthy options are the only food items available. While fast food items are commonly perceived as inexpensive, they are actually significantly more expensive than healthy food items that are prepared in the home.

4. True. More than 2 million rural households experience food insecurity - that means they don’t have dependable access to enough food to sustain a healthy life.

5. Factors include (but are not limited to):
   - Poverty
   - Lack of affordable housing
   - Job loss
   - Lack of healthcare
   - Mental illness
   - Substance abuse
   - Domestic violence

6. False. According to the USDA more than 17 million children are living in food-insecure households. School lunch programs do help, but they don’t solve the whole problem.

7. No, hunger exists everywhere in America. It does not matter if you live in an urban, suburban or rural setting - hunger has no boundaries.

8. Every single county.

9. Over 3.5 million people will experience homelessness.

10. No, in the US, hunger isn’t caused by a lack of food, but rather the continued prevalence of poverty.